

BROADALBIN YOUTH COMMISSION

YOUTH WRESTLING 2007

Dear Parents,

It's time for Broadalbin Youth Commission Youth Wrestling to begin for the season, this year we will begin with sign ups on **January 2 & 8, 2007 from 6:30 to 8:00 pm outside the entrance to the new High School Fitness Center.**

Practice will be held every **TUESDAY & THURSDAY** evening from **6:30 to 8:30pm** in the **High School Auxiliary Gym**. The practices will be set up into two sessions **of one hour each**, with the younger kids in the first hour and the older more experienced kids in the second hour. Practices are held from **January 9, 2007 to April 5, 2007.**

The Youth Wrestling is open to any student between the ages of **5 to 14** years old. This is all students in grades K – 8.

The kids will be taught the basics of the sport of wrestling, sportsmanship and what the sport of real wrestling is all about. The parents are welcome at all practices so that they too can learn about the sport of wrestling. It is the hope of the coaches that this will be an enjoyable and rewarding introduction for all the youngsters that participate and that they may find that they want to continue with the sport throughout their school years.

Parents must be aware that this is a contact sport, but all wrestlers are supervised during practices and safety is a priority of all the coaches and will be taught as part of their wrestling instruction.

This year Broadalbin Youth Commission Youth Wrestling will **cost \$10.00** per child to wrestle and will include each wrestler getting a T-shirt.

Please bring the permission slip below along with the \$10.00 to one of our sign up nights January 2 or 8, 2007 from 6:30 to 8:00 pm at the High School Fitness Center.

THANK YOU,
Coach Tim Roser

NAME: _____ AGE: _____ BIRTHDAY: _____

MAILING ADDRESS: _____

TOWN THAT PROPERTY TAXES ARE PAID: _____

TELEPHONE: _____ EMERGENCY TELEPHONE: _____

I, _____, give my child permission to participate in the

Broadalbin Youth Commission Wrestling program for this season.

PARENT'S SIGNATURE: _____