

# BYC Recreation Basketball Guidelines – 2007

**Facilities:** We are very fortunate to receive gym time from our school district. All coaches and parents should enforce the following rules. All parking shall be in the parking lots. No parking is allowed in the bus loops. Violators may be towed. All kids should be supervised at all times. Parents should not be dropping off their kids at the door and leaving. No basketballs are allowed in the hallways. Please tell kids NOT to bring a ball to games.

**Equipment:** Official ball size is 28.5" (size 6). 1<sup>st</sup>/2<sup>nd</sup> grade may use 27.5". All players will be provided with a t-shirt. Players are required to wear sneakers on the gym floors. If a child cannot afford sneakers, arrangements will be made by the BYC to provide them.

**Coaches:** All coaches should work together to make games as fair as possible and match up kids equally, and help any child that needs guidance regardless of what team they are on. All coaches should be teaching sportsmanship as well as basketball.

**Referees:** No one is perfect. Most of our referees are High School and Middle School Students. Coaches shall treat all referees with respect and abide by all calls made. Please make sure parents respect the officials as well. It can very intimidating for a young referee to be yelled at by parents. We are the BYC, not the NBA. At the 1<sup>st</sup>/2<sup>nd</sup> grade level, coaches shall be on the court with the kids and act as referees.

**Players:** All players will be given equal playing time. Starting players should be alternated from week to week. An effort should be made to alternate who brings the ball up court so all kids get an opportunity. A player may play for the opposing team if that team is short players. The donated player should be a volunteer or player chosen by the donating teams coach.

**The Game:** All games should be started on time to keep on schedule for the whole day. All games will be broken into 8 four-minute periods. The clock will run continuously stopping for injuries and foul shots only. The referee may stop the clock at his discretion. Substitutions shall be made every four minutes. To conserve time, halftime shall be limited to a few minutes.

Baskets should be set at 10 feet for all ages except for 1<sup>st</sup>/2<sup>nd</sup> grade should be set at 8 feet.

After a rebound, defense needs to retreat to opposite end of court. No defense shall be played outside of 3-point line. 5<sup>th</sup>/6<sup>th</sup> grade coaches may adjust the defense line to half court if they both agree to. Fast breaks are not allowed at the 1<sup>st</sup>/2<sup>nd</sup> level. Fast breaks are allowed at the other levels, but can be eliminated if coaches agree ahead of time or referee determines that game is getting out of control. Double dribble and traveling violations will not be called at the 1<sup>st</sup>/2<sup>nd</sup> grade level since they are too numerous but warnings should be given by the coaches on what they are doing wrong. At the 3<sup>rd</sup>/4<sup>th</sup> grade levels a warning should be given to a player the first time, but a violation will be called after that. If a hard or intentional foul is committed, that player should be removed from the game and spoken to by the coach. The next violation the player will be removed for the rest of the game. A player is fouled out after 6 fouls or as agreed by both coaches. All FG are 2 points.

Coaches are encouraged to keep a scorebook and fax or email scores to the local papers. The kids love to see their name in the paper. A scorebook will be left at the school along with the scoreboard & clock.